

# ELEMENTARY SCHOOL LUNCH MENU

## MONTHLY MENU CYCLE 19/20

**schoolcafé**  
 see schoolcafe.com online or download the app  
 for menus, allergens, nutrient info & more

\*Menu Subject to Change

	MON	TUE	WED	THU	FRI
<b>Week 1</b>	Goopy Grilled Cheese Dippers w/Tomato Soup Parmesan Broccoli Fresh Veggie Dippers Fruit Milk	Soft Tacos Refried Beans Mexican Salad Fruit Milk	Spaghetti with Hearty Meat Sauce Breadstick Caesar Salad Green Beans Fruit Milk	Chicken Nuggets Tator Tots Carrot Sticks Fruit Milk	Hamburger or Cheeseburger Sweet Potato Fries Burger Fixins' Fruit Milk
<b>Week 2</b>	Chicken w/Black-eyed Peas Cornbread Muffin Steamed Carrots Mashed Potatoes Fruit, Milk	Meaty Nachos Ranchero Beans Jicama & Cucumbers w/Tajin Mexican Lettuce Salad Fruit, Milk	Chicken and Waffles w/Syrup California Veggies Country Greens Fruit Milk	Mac & Cheese w/Ham Harvest Delight Roasted Brussel's Fruit Milk	Steak Nuggets Potato Smiles Romaine Salad Fruit Crisp Fruit Milk
<b>Week 3</b>	Fish Sticks & Hush Puppies French Fries Creamy Coleslaw Sugar Cookie Fruit, Milk	Crunchy Tacos Refried Beans Mexican Shredded Salad Fruit Milk	Italian Dunkers w/Marinara Romaine Salad Baby Carrots Fruit Milk	Homemade Meatloaf Wheat Roll Mashed Potatoes Green Beans Fruit Milk	Crispy Chicken Burger Baked Beans Peas & Carrots Fruit Milk
<b>Week 4</b>	BBQ or Plain Roasted Chicken Cornbread Muffin Texas Green Salad Potato Salad Fruit Milk	Stacked Enchiladas Ranchero Beans Pico Slaw Fruit Milk	Deli Sandwich with Chips Carrot Raisin Salad Sandwich Fixin's Fruit Milk	Mashed Potato Bowl Whole Grain Roll Buttered Corn Veggie Medley Fruit Milk	Cheese or Pepperoni Pizza Romaine Salad Royal Brownie Fruit Milk
<b>Daily Mighty Meal</b>	MON: Fiesta Chicken Fajita Meat Soft Tortilla Shredded Cheese Salsa	TUES: Fish Bowl Goldfish Grahams Goldfish Crackers Deli Meat & Cheese Fruit & Veggies	WED: Pizza Pal Pepperoni Slices & Mozzarella Cheese Pizza Sauce Flatbread	THURS: Gator Chef Delight Kid Friendly Chef Salad with Diced Ham Crackers Ranch Dressing	FRI: Wow Power Wow-Butter String Cheese Pretzels Fruit & Veggies
<b>PRE-K</b>	Pre-Kindergarten - A lunch meal includes a whole grain, meat, vegetable, fruit and milk. To comply with USDA and TDA meal guidelines, PK students are allowed 1% white milk only.				

### August 2019

Mon	Tue	Wed	Thu	Fri
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

### September 2019

Mon	Tue	Wed	Thu	Fri
H	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

### October 2019

Mon	Tue	Wed	Thu	Fri
30	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	H

### November 2019

Mon	Tue	Wed	Thu	Fri
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
H	H	H	H	H

### December 2019

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
H	H	H	H	H

### January 2020

Mon	Tue	Wed	Thu	Fri
H	H	8	9	10
13	14	15	16	17
H	21	22	23	24
27	28	29	30	31

### February 2020

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
H	18	19	20	21
24	25	26	27	28

### March 2020

Mon	Tue	Wed	Thu	Fri
H	3	4	5	6
H	H	H	H	H
16	17	18	19	20
23	24	25	26	27

### April 2020

Mon	Tue	Wed	Thu	Fri
30	31	1	2	3
6	7	8	9	H
13	14	15	16	17
20	21	22	23	24
27	28	29	30	1

### May 2020

Mon	Tue	Wed	Thu	Fri
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

### 3 Ways to Purchase Meals

**Online.** To pay online, have your student's ID number ready, go to [www.dickinsonisd.org](http://www.dickinsonisd.org) and click on the "Lunch Money Now" link. This service is an easy and convenient way to deposit money in student account(s), view account balances and recent purchases, and set up e-mail notifications when the balance gets low. Visa, MasterCard, and PayPal can be used to make deposits on the secure (SSL) site. Payments post in about one hour and the service is available 24/7. You may add money to one student's account or multiple student accounts in a single transaction for a small \$2.50 charge.



**Check.** Make checks payable to DISD Food and Nutrition Services and send/bring the check to the cafeteria. Required on the check are the student name(s) and ID number(s), and if splitting among multiple students, the amount to add to each account.



**Cash.** Cash may be brought to any cafeteria in the district for deposit to any DISD student account or students may pay with cash on a daily basis.



Applications for Free and Reduced Price Meals are now available online through the "Meal App Now" link provided on [www.dickinsonisd.org](http://www.dickinsonisd.org). Online applications can be completed very easily using any computer with internet access. Public computers are available for use at the Food and Nutrition Services Building (located at 4003 Video Street), Schools, and the ESC Building. Paper Meal Applications available upon request.

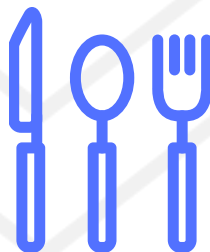
**School Nutrition Policy:** The Texas Department of Agriculture does not regulate what parents send with their child for lunch, but parents are prohibited from providing outside food, drinks, or meals for students other than their own. Students may not share their food with others. In addition, an adult is not allowed to consume all or part of a meal served to a student. For more detailed information, visit [www.squaremeals.org](http://www.squaremeals.org) or district web page for our district Wellness Policy, Smart Snacks in Schools and other department information.

## Lunch Pricing

Student Pre-K-4th - \$1.50

DISD Staff - \$4.00

Guest - \$4.50



8oz bottled water is available to all students with a reimbursable meal

Students **MUST** select 3 food groups and one **MUST** be a 1/2 cup fruit or veggie.

Students may choose an entrée item, all veggies, a fruit, choice of milk and any extra items offered.

## Contact Info

Dickinson ISD Food and Nutrition Services

4003 Video Street

Dickinson, TX 77539

281-229-6012

Bay Colony ES	281-229-6265
Calder Road ES	281-229-6724
Hughes Road ES	281-229-7008
KE Little ES	281-229-7408
Lobit ES	281-229-6862
San Leon ES	281-229-7508
Silbernagel ES	281-229-7600

### Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).  
This institution is an equal opportunity provider