

ELEMENTARY SCHOOL LUNCH MENU

SEPTEMBER & OCTOBER MONTHLY MENU

	MON	TUE	WED	THU	FRI
Sept 17-21	Spaghetti with Meat Sauce Caesar Salad Honey Carrots Fruit Milk	Soft Beef Tacos Refried Beans Mexican Salad Strawberry Sundae Fruit Milk	Mashed Potato Bowl Whole Grain Roll Yellow Corn Roasted Brussels Sprouts Fruit Milk	Goopy Grilled Cheese on TX Toast Steamed Broccoli Cucumber & Tomato Dippers Fruit Milk	Hamburger or Cheeseburger Tator Tots Burger Fixins' Fruit Milk
Sept 24--28	State Fair Corn Dog Roasted Broccoli Veggie Dippers Happy - Emoji Ice Fruit Milk	Meaty Nachos Ranchero Beans Jicama & Cucumbers w/Tajin Mexican Lettuce Salad Fruit, Milk	Southern Beans & Sausage Potato Smiles Crunchy Carrot Sticks Fruit Milk	Chicken and Waffles Mashed Sweet Potatoes Country Greens Fruit Milk	Steak Nuggets Creamy Mashed Potatoes & Gravy Mixed Veggies Fruit Crisp Fruit, Milk
Oct 1-5	Fish Sticks & Hush Puppies Street Corn Apple Cabbage Slaw Fruit Milk	Crunchy Tacos Refried Beans Mexican Shredded Salad Fruit Milk	Homestyle Chicken Spaghetti Whole Grain Roll Green Salad Veggie Medley Fruit, Milk	Deli Sliders Carrot Wheels Baked Beans Sun Butter Raisin Cookie Fruit, Milk	Crispy Chicken Burger Crinkle Cut Fries Peas & Carrots Fruit Milk
Oct 8 - 12	BBQ Roasted Chicken Green Salad Hang-Ten Veggies Fruit Milk	Gatordillo with Rice Ranchero Beans Mexican Lettuce Salad Fruit Milk	Chicken Nuggets Whole Grain Roll Seasoned Potato Wedges Veggie Dippers Fruit, Milk	Deli Sandwich on French Roll w/Chips Baby Carrots Sandwich Fixin's Fruit Milk	Cheese or Pepperoni Pizza Very Veggie Salad Sugar Cookie Fruit, Milk
Daily Munchables	Fajita Pack: Chicken Fajita Corn Tortilla Chips Shredded Cheese Salsa	Protein Power Pack: Trix Yogurt String Cheese Granola Fruit	Pizza Pack: Shredded Mozzarella Cheese Pizza Sauce Flat Bread	Deli Pack: Turkey or Ham Sliced American Cheese Crackers, Fruit	Jubilee Pack: Sun-butter and Jelly Goldfish Bread Fruit

PRE-K Pre-Kindergarten - A lunch meal includes a whole grain, meat, vegetable, fruit and milk. To comply with USDA and TDA meal guidelines, PK students are allowed 1% white milk only.

3 Ways to Purchase Meals

Online. To pay online, have your student's ID number ready, go to www.dickinsonisd.org and click on the "Lunch Money Now" link. This service is an easy and convenient way to deposit money in student account(s), view account balances and recent purchases, and set up e-mail notifications when the balance gets low. Visa, MasterCard, and PayPal can be used to make deposits on the secure (SSL) site. Payments post in about one hour and the service is available 24/7. You may add money to one student's account or multiple student accounts in a single transaction for a small \$2.50 charge.



Check. Make checks payable to DISD Food and Nutrition Services and send/bring the check to the cafeteria. Required on the check are the student name(s) and ID number(s), and if splitting among multiple students, the amount to add to each account.



Cash. Cash may be brought to any cafeteria in the district for deposit to any DISD student account or students may pay with cash on a daily basis.



Applications for Free and Reduced Price Meals are now available online through the "Meal App Now" link provided on www.dickinsonisd.org. Online applications can be completed very easily using any computer with internet access. Public computers are available for use at the Food and Nutrition Services Building (located at 4003 Video Street), Schools, and the ESC Building. Paper Meal Applications available upon request.

School Nutrition Policy: The Texas Department of Agriculture does not regulate what parents send with their child for lunch, but parents are prohibited from providing outside food, drinks, or meals for students other than their own. Students may not share their food with others. In addition, an adult is not allowed to consume all or part of a meal served to a student. For more detailed information, visit www.squaremeals.org or district web page for our district Wellness Policy, Smart Snacks in Schools and other department information.

Lunch Pricing

Student Lunch Pre-K-4th - \$1.50

DISD Staff - \$3.75

Guest - \$4.00



8oz bottled water is available to all students with a reimbursable meal

Students **MUST** select 3 food groups and one **MUST** be a 1/2 cup fruit or veggie.

Students may choose an entrée item, all veggies, a fruit, choice of milk and any extra items offered.

Contact Info

Dickinson ISD Food and Nutrition Services

4003 Video Street

Dickinson, TX 77539

281-229-6012

Bay Colony ES	281-229-6265
Calder Road ES	281-229-6724
Hughes Road ES	281-229-7008
KE Little ES	281-229-7408
Lobit ES	281-229-6862
San Leon ES	281-229-7508
Silbernagel ES	281-229-7600

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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